

<b>Title of Activity</b>	<b>Quiz competition on Yoga Day and International Yoga Day</b>		
<b>Date</b>	20.06.2024 and 21.06.24		
<b>Place</b>	Government Science College, Chatrapur, Ganjam		
<b>Number of Participants</b>			Total:171
<b>Objective of the Meeting/ Seminar /Workshop/Event</b>	International Yoga Day is celebrated every year on June 21st to raise awareness about the many benefits of practicing yoga.		
<b>Name of the Resource Person/ Trainer/ Guests</b>	Dr. Ajay Kumar Tripathy (Chair) Dr. Panki Rani Dei Mr. Manoranjan Maharana Dr. Suchismita Behera Dr. Milimita Padhi		
<b>Discussion Points</b>	The day emphasizes the importance of maintaining harmony between body and mind through yoga. Events and yoga sessions are held worldwide to encourage a healthy and balanced lifestyle. Following this idea, Yoga session is conducted in College campus and crate awareness about yoga, quiz competition was held among students.		
<b>Action Taken</b>	Proposed to organize yoga camp in College campus for faculties and students.		
<b>Space for Photograph and News Clips</b>			
<b>Submitted by:</b>	 25/04/2025 <b>Dr. Milimita Padhi,</b> <b>Convener Secretary, YRC</b>		